

Specialty Sandwiches
served with a slice of pickle

\$14.50

- TURKEY MELT**
hot turkey breast with bacon, & melted american cheese
- TURKEY CLUB**
turkey breast with bacon, lettuce & tomato
- A LITTLE ITALY**
fresh mozzarella, prosciutto, marinated peppers, tomato, oil & vinegar
- SCREWY LOUIE**
genoa salami, ham cappicola, pepperoni, provolone, sweet red peppers, onions, lettuce, tomato & italian dressing
- FRESH MOZZARELLA**
homemade mozzarella , roasted red peppers, lettuce & tomato with homemade balsamic
- MAMAS CHICKEN**
chicken breast with melted munster cheese, bacon, lettuce and horseradish dressing
- RANCH CHICKEN**
chicken breast (grilled or fried) with bacon, melted swiss, american or monterey jack cheese and ranch dressing
- TEXANS MELT**
roast beef with melted cheddar, lettuce, onions and BBQ sauce on a garlic hero
- OUT WEST**
rare roast beef, american cheese, raw onion and ranch dressing
- SEVENTH ST. MELT**
roast beef with melted mozzarella or american on a garlic bread hero
- BLUE RIBBON**
peppermill turkey and munster cheese with bleu cheese dressing
- ROY ROGERS**
roast beef, sautéed onions and melted monterey jack cheese on a garlic bread hero
- (PHIL)LY STEAK**
cheese steak, green peppers, sautéed onions & melted cheese
- BBQ CHICKEN**
chicken cutlet, melted mozzarella, sautéed onions & BBQ sauce
- CHICKEN RUBEN**
chicken cutlet and melted swiss with coleslaw on a toasted hero
- TURKEY RUBEN**
turkey breast and melted swiss with coleslaw on a toasted hero
- ORIGINAL RUBEN**
hot corned beef and sauerkraut with melted swiss cheese & mustard on rye
- HAPPY COUPLE**
hot corned beef and pastrami with melted swiss & mustard on rye
- NEW YORKER**
corned beef, pastrami and turkey with coleslaw & russian dressing
- DOWNTOWN**
turkey and salami with coleslaw, lettuce & tomato on a toasted hero
- BROADWAY**
roast beef, turkey and melted swiss cheese with russian dressing
- TIME SQUARE**
roast beef, smoked turkey, sweet peppers and sautéed onions with melted munster cheese
- SANTA FE**
grilled chicken and melted cheddar with lettuce, tomato, onion and BBQ sauce
- TEXAN**
roast-beef w/ melted cheddar, lettuce, onion and BBQ sauce w. horseradish or ranch
- COLORADO**
chicken cutlet with melted mozzarella cheese and brown gravy
- LONE*STAR**
chicken cutlet with melted cheddar and BBQ sauce
- PLYMOUTH ROCK**
turkey breast and munster cheese with lettuce, tomato and mayo
- COLUMBUS**
smoked turkey breast and bacon with melted swiss cheese and horseradish dressing
- COWBOY**
chicken cutlet with BBQ sauce, bacon and melted cheddar cheese
- CHICKEN SUPREME**
chicken cutlet, bacon, melted american with coleslaw and russian dressing
- BLIMPE**
turkey and pastrami with coleslaw and russian dressing
- CANADIAN**
pepper turkey, bacon, monterey jack and sun-dreied tomato with lettuce and olive oil
- MUNICH**
buffalo chicken, cucumbers and HOT sauce with bleu-chesse dressing
- CORDON BLEU**
breaded cutlet with melted swiss, ham and brown gravy on a toasted hero
- * 3% discount for all purchases using cash *

Classic Sandwiches
served with a slice of pickle

- EGG SALAD** \$8.31
fresh egg salad or egg white salad on a roll
- TUNA MELT** \$12.50
fresh tuna or vegetable tuna on a roll with melted american cheese
- GRILLED CHEESE**..... \$6.25
your choice of cheese: american, swiss, monterey jack, pepper jack, munster, cheddar, mozzarella, on white, wheat or rye bread
add bacon \$2.08

- BLT**..... \$12.50
bacon, lettuce and tomato with mayo or mustard on a roll
- CHICKEN PARMIGIANA** \$14.50
chicken cutlet with fresh mozzarella and tomato sauce on a hero
- MEATBALL PARMIGIANA** \$14.50
homemade meatballs with fresh mozzarella and tomato sauce on a hero

Fresh Cold Cuts by the Pound

- Roast-Beef \$13.51
Fresh-Turkey..... \$14.03
Boars Head Turkey \$13.51
Boars Head Ham \$13.51
Boars Head Chicken Breast \$13.51
Virginia Ham..... \$13.51
Genoa Salami..... \$13.51
Pepperoni..... \$13.51
Pastrami or Corned-beef \$13.51
Bologna or Liverwurst..... \$9.35
Ham Capicola \$13.51

- ALL CHEESES** \$12.50
choose from:
American
Swiss
Provolone
Munster
Mozzarella
Cheddar
Jarlesburg
Alpine-Lace
Pepper-Jack

Ask About Our
Hot Homemade Soups

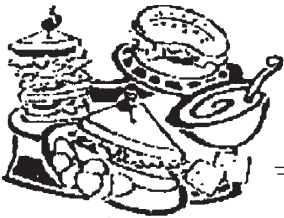
All Served with Crackers in Our No-Leak Containers • Call For Daily Soup Specials

Please note that consuming raw or under cooked meats, fish, shellfish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

Prices subject to change with out notice
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Deli & Caterer



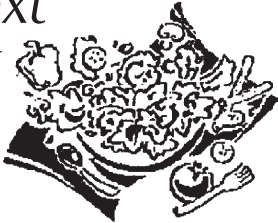
100 7th Street

Garden City, NY 11530

516-280-3001

516-280-3002 Fax

516-217-8631 Text



Thank You For Your Business
We know you have many choices
and we appreciate your patronage

On the Web At seventhstreetdeli.com

If You Don't See It... Just Ask!

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Good Morning... Breakfast Menu

Egg Sandwiches

1 egg on a roll..... \$3.60
2 eggs on a roll \$4.12
3 egg whites on a roll..... \$6.19
2 eggs with ham, bacon or sausage
on a roll \$6.60
3 eggs with turkey, turkey sausage or
pastrami on a roll..... \$7.60
2 eggs with ham, bacon or sausage
and cheese..... \$7.60
The Lumber Jack – 3 eggs with roast-beef,
onions and cheese hero \$9.31
The Hungry Man – 3 eggs with bacon,
sausage and cheese on a hero..... \$10.35

Omelettes

on a Roll or a Plate

Made with 3 Jumbo Eggs To Order

cheese (your choice)..... \$9.31
cheese & bacon or ham..... \$10.35
western (onions, peppers & ham) ... \$10.35
spanish (onions, peppers & tomaoes) .. \$10.35
greek (feta & spinach) \$10.35
grilled vegetables (choice of 3) ... \$10.35

Breakfast on the Run

buttered roll..... \$2.60
buttered bagel..... \$2.60
buttered hero..... \$3.64
toast..... \$2.60
fresh muffins..... \$4.15
with butter or jelly..... \$4.75



Fresh Brewed Beverages
regular, flavored or decaf coffee, tea & hot chocolate

12oz~\$1.65 16oz~\$2.25 20oz~\$2.50

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All Wrapped Up \$12.50

served with a slice of pickle

GRILLED VEGGIE
zucchini, yellow squash, eggplant & peppers w/fresh mozzarella & balsamic dressing

FRESH MOZZARELLA & TOMATO
fresh mozzarella, tomato with balsamic dressing

ROMA
grilled chicken, mozzarella, lettuce, tomato & onion with balsamic dressing

FAJITA
seasoned grilled chicken with lettuce, tomato & salsa

AVACADO
grilled chicken, pepper jack cheese, sliced avacado & leaf lettuce
with fresh salsa dressing

SEVENTH ST. CLUB
turkey breast, bacon, lettuce & tomato with mayo, mustard or russian

CHICKEN SALAD BLT
fresh chicken salad with bacon, lettuce & tomato

GRILLED HONEY TURKEY
grilled turkey breast, cheddar cheese, lettuce, tomato, onion & honey mustard

RANCH HAND
grilled or fried chicken with melted jack cheese, lettuce, tomato & mayo

CHICKEN CAESAR
grilled chicken, romaine lettuce, grated cheese & caesar dressing

CHICKEN CLUB
chicken breast, bacon, lettuce, tomato with mayo, mustard or russian

BLT
bacon, lettuce, tomato with mayo or mustard

TURKEY
choice of turkey with swiss, lettuce, tomato & mayo, mustard or russian

ROAST BEEF
roast beef and cheddar cheese, lettuce & tomato with mayo or mustard

TUNA MELT
tuna or veggie tuna with melted american, lettuce, tomato & onion

NY DELI
pastrami or corned beef with sauerkraut & mustard

CREATE YOUR OWN
choose from any of our fresh cold cuts, salads or specials & we'll be happy
to put it together for you.....\$ priced accordingly

Quesadillas served with fresh salsa & sour cream

Grilled tortilla stuffed with cheese (cheddar & monterey jack) \$10.39
add peppers & onions \$1.04 add grilled chicken \$2.08

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Fresh Pressed Panini's \$12.50

Grilled Chicken, Fresh Mozzreala, Roasted Red Peppers

Buffalo Chicken, Pepper Jack and Hot Cherry Peppers

Chicken Cutlet, Bacon, B.B.Q. sauce and Melted Cheddar

Roast Beef, Garlic Aioli and Melted Mozzeralla

Roast Beef, Saute' Red Onions, B.B.Q. Sauce and Cheddar

Roast Beef, Red Onion, Baby Spinach, Roasted Red Peppers and Pepper Jack

Buffalo Chicken Breast, Pepperoni, Pepper Jack, Hot Peppers, Lettuce and Tomato
with Cajun Mayo

Honey Turkey, Cheddar, Lettuce and Tomato

Smoked Turkey, Alpine Lace Swiss and Honey Mustard

Honey Glazzed Turkey and Munster

Peppermill Turkey and Pepper Jack

Italiano on a Garlic and Onion Ciabatini

Breaded Chicken Cutlet with Crumbles of Bleu-Cheese Topped with Buffalo Sauce

Ham, Genoa Salami, Pepperoni and Fresh Mozzarella with a Touch of
Home-made Tomato Sauce

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